Lewis-Mason-Thurston
Area Agency on Aging

2404 Heritage Court SW, Suite A
Olympia, WA 98502-6047

Area Agency on Aging

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ADVISORY COUNCIL APPLICATION

Full Name (first, middle, last): Lynn Ann Ford

Home/Mailing Address:
Street/PO Box: 115 Village Way Dr
City, State, Zip Code: Chehalis, WA 98532

Home Phone: 360-748-2932 **Alternate Phone:** 360-269-8837

Email Address: L2Ford@comcast.net

Current or Past Volunteer/Work Experience: Nursing Assistant Certified, 7 years, Nursing Home Administrator, 18 years, Non-profit Executive Director 6 years. Centralia Rotary Club 1994 to 2014. Centralia Rotarian of the Year 2001 and 2003. Washington Health Care Association Board member 1997 thru 2002, WHCA's President's Award 2008. American College of Health Care Administrators 1997 to 2008. Centralia-Chehalis Chamber Board member 2002 to 2009 and Board Chair 2004. Eden Alternative Educator and Mentor 2003 to 2008. Lewis County Master Gardener 2012 + Master Recycler 2013, currently secretary.

Please tell us about three issues facing the elderly and younger disabled adults that you are particularly interested in.

1) Education, training and respite of home care givers. Seniors prefer a person they know taking care of them. Challenge is to be sure that person has the

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training and respite to adequately care for the senior.
2) Knowledge of good options to keep a senior at home; transportation, house cleaning, annual medication review, preparation of food, finances.
3) Relationships; loss of spouse or other family members. Isolation or loneliness, hard to establish new relationship. Having strangers care for them.

Do you have other abilities and talents that you would enjoy contributing to the Council (public speaking, writing, researching, event planning)?

Public speaking, marketing/social media, grant writing, event planning and fundraising.

Signature: Lynn A. Ford

Date: 2/5/2015